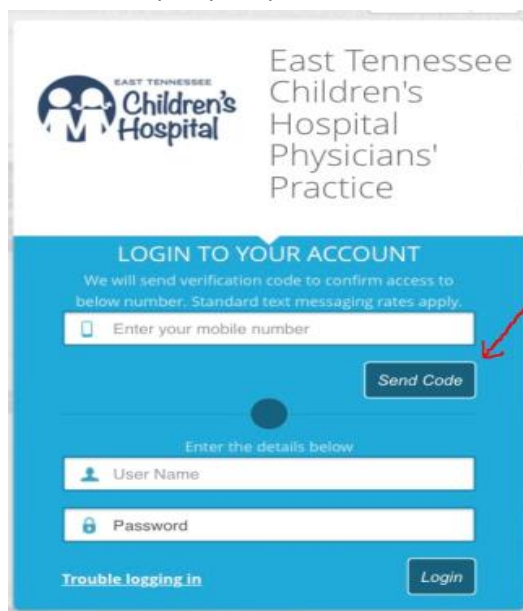


## Instructions for accessing the HEALOW portal from your smart phone:

- Open email application from your phone. You will see a message from **ETCH Physician Practices**.
- Open the email from ETCH and click on the orange box that says **“portal link”**



- From here, you can either 1. Login with established credentials OR 2. Use the **“send code”** option to get a secure code sent directly to your phone which will allow you to log in from your phone



- Once you log in; the patient dashboard should appear and you should see the appointments directly below the greeting. Look for your scheduled appointment with our office and click on the **“fill Questionnaire”** link to be directed to the questions you need to answer for your visit.
- Once you click on this link you can complete the questions in a few minutes and send them directly to the chart which will then be reviewed by your physician at the visit.
- This will save you time during your visit to our office.
- Unfortunately, we are currently unable to access the questionnaires directly from the HEALOW app, you must log in through your email PORTAL LINK in order to complete the questions.
- If you run into any problems, please call the office for guidance.