

# Behavioral Health Providers

## CLINICS

Bearden Behavioral Health: (865) 212-6600 [www.beardenbehavioralhealth.com](http://www.beardenbehavioralhealth.com) (some commercial insurance)

Behavioral Medicine Institute: (865) 264-2400 [www.bmipc.com](http://www.bmipc.com) (some commercial insurance)

Bright Star Child and Adolescent Psychiatry: [www.brightstarforkids.com](http://www.brightstarforkids.com) (coming 10/1/19 to Maryville)

Cherokee Health: (866) 231-4477 [www.cherokeehealth.com](http://www.cherokeehealth.com) \*William Allen, PhD, VP of Children's Services (commercial insurance and TennCare)

Ebenezer Counseling Services: (865) 670-0988 [www.ebenzercounseling.com](http://www.ebenzercounseling.com) (some commercial insurance)

Focus Treatment Centers: (800) 675-2041 [www.focustreatmentcenters.com/knoxville](http://www.focustreatmentcenters.com/knoxville) (for treating eating disorders)

Healthy Mind Counseling: (865) 588-3173 [www.healthymindcounseling.com](http://www.healthymindcounseling.com) (some commercial insurance)

Helen Ross McNabb: (800) 255-9711 [www.mcnabbcenter.org](http://www.mcnabbcenter.org) (TennCare only)

Maryville Center for Behavioral Success: (865) 983-1899 [www.mcbsuccess.com](http://www.mcbsuccess.com)

Omni Community Health: (877) 258-8795 [omnicommunityhealth.theomnifamily.com](http://omnicommunityhealth.theomnifamily.com) (commercial insurance and TennCare)

The Northshore Group: (865) 584-0171 [www.northshoregroup.com](http://www.northshoregroup.com) (some commercial insurance)

Thriveworks: (865) 730-4171 [thriveworks.com/knoxville-counseling](http://thriveworks.com/knoxville-counseling) (some commercial insurance)

## PSYCHOLOGISTS (therapists)

Richard Adlin, PhD - (865) 471-8990 x2

Thomas Hanaway, PhD - at The Northshore Group (see above)

Susan Koller, PhD - (865) 366-4874

## COUNSELORS

Bonnie Barclay, LCSW - (865) 325-9604 [www.bonniebarclaylcsw.com](http://www.bonniebarclaylcsw.com)

Cindy Fugatt, LCSW - (865) 262-8190

Megan McCarter Cates, LPC-MHSP - (865) 850-7051 [www.meganmccartercates.com](http://www.meganmccartercates.com)

Amanda Smartt, LCSW - at The Northshore Group (see above), specializes in eating disorders

## PSYCHOEDUCATIONAL ASSESSMENT

Sherry Bell, PhD - (865) 579-2727 [www.psychoeducationalnetwork.com](http://www.psychoeducationalnetwork.com)

Harvey Kaufman, EdD - (865) 588-1868

Nancy Lett, PhD - (865) 964-1944 [www.nancylettphd.vpweb.com](http://www.nancylettphd.vpweb.com)

KLASS Center at University of Tennessee - (865) 974-6177

TEACH Group (Middlebrook pike) Dr. William Allen - (865) 621-4249

## AUTISM SCREENING

Andrew Demick, PhD - on Cherokee Health Autism Team (865) 670-9231

Janis Neece, PhD - at Behavioral Medicine Institute (see above)

Angela Reno, PsyD - at Northshore (see above)

Behavioral/Mental Health benefits are handled differently by insurance companies than routine medical benefits, so these appointments are not handled through our referral clerk. In order to ensure that you have the best possible outcome, please take these steps to start the process:

## **Behavioral Health Providers**

- ❖ Call the Behavioral Health phone number on the back of your insurance card or look on your insurance company's website to check your benefits and see who is in network with your plan.
- ❖ If you need a specific recommendation from the choices your insurance company gives you, feel free to call and leave a message for the nurse who can then discuss this with your physician.
- ❖ Call the psychology/counseling office directly to schedule an appointment. They will have a list of intake questions that need to be answered by a parent.

On the back of this sheet you will find a reference list of some of the professionals with whom we have worked and have received good feedback from our patients regarding their services. This list is not exhaustive and should be used only as a tool to help you make the best decision for your child based on their needs.